On Sunday, January 15, 2023 at 2:00 pm
Please join us on ZOOM
for a lecture by Frances Palmer on
Life in the Studio

Frances Palmer is a potter and gardener, working for over 34 years from her home and studio in Weston, Connecticut. Frances earned a BA from Barnard College and an MA in art history at Columbia University.

She became obsessed with dahlias after spotting one in a gardening book. Today, growing all flowers is her passion, and they fill her extraordinary pots that have been featured in The New York Times Magazine, Vogue, Elle Décor, British House & Garden, The Wall Street Journal, The World of Interiors, and scores of other publications. Her gardens are featured every year in September on The Garden Conservancy’s Open Garden Days and she is a speaker at the New York Botanical Gardens.

Frances is also a self-taught photographer, documenting her own floral arrangements in the vessels she makes. A book on her work, Life in the Studio: Inspiration and Lessons on Creativity, was published by Artisan Books in 2020. It comprises essays describing her ceramic and garden processes as well as her philosophical ideas about making a creative life.

Follow her on Instagram @francespalmer.

Photo: Marion Brenner

JANUARY EVENTS AT HAH

Saturday, January 7, 10:30 am - 12:00 HAH Roundtable - in person at the HAH Library - see p. 4.
Sunday, January 15, 2 pm - Lecture by Frances Palmer - ON ZOOM - see above and watch your email for ZOOM link.
Saturday, January 21, 11:00 - HAH Book Group - ON ZOOM - see p. 3 and watch your email for ZOOM link.
Dear fellow members,

In January, our thoughts naturally turn to New Year’s resolutions. I enjoyed reading the resolutions some members shared in this newsletter (p. 7) but I have to admit that I’m approaching the topic with some trepidation since I have a tendency to bite off more than I can chew in the garden. For example, two of my resolutions this year were to plant more bulbs and to keep our fallen leaves on the property instead of having them carted away. As I write these words in December I still have many (too many!) bulbs that need to be planted and leaves covering the lawn which need to be raked and moved into the ‘woods’ until it’s safe to shred them in the spring.

The line between resolutions and To Do list items gets blurry in a hurry. But To Do lists are an inevitable and even a positive part of every gardener’s life because they propel us forward. Our gardens are not stagnant. We learn from, and are inspired by, lecturers and garden mentors and visiting other gardens; it’s impossible not to hatch new plans for our own gardens as a result. I say make many resolutions for 2023. Take out a section of lawn and plant some perennials and/or shrubs. Find a way to add (more) water for birds and butterflies. Borrow some of the resolutions you read in this newsletter and make them your own. One easy one that’s going on my list this winter is to make time to simply walk through the garden and be present. Listen to the birds and the wind through the trees. Watch the squirrels run around. Admire the structure of trees and shrubs. Delight in your garden... and the fact that you can walk through it without having to pull any weeds! Besides, if you can’t fit all of your 2023 resolutions in by December, you can move most of them (except for things like bulb planting and leaf management, unfortunately!) to the 2024 list!

Wishing you all good things -- in your gardens and in your lives -- for 2023. I look forward to the adventures we will take together at HAH this year!

All my best,
Erik

HAH 2023

OFFICERS: (an officer serves for a 1 year term)
President           Erik Brockmeyer
First Vice President Greg Wiseman
Second Vice President Janet Ollinger
Recording Secretary  Alicia Whitaker
Corresponding Secretary Ruth Ann Stanley
Treasurer            Patricia Matheson

DIRECTORS: (a director serves for a 3 year term)
Marie DiMonte        ’23
Michael Longacre     ’23
Erika Shank          ’24
Valerie Hanley       ’24
Pamela Harwood       ’25
Rick Bogusch         ’25

The Library Chairperson (who serves on the Board with a vote) will be: Joan DiMonda
On occasion the board may appoint someone to fill an unexpired term if necessary.

NEWSLETTER EDITOR - Elaine Peterson
WEBSITE EDITOR - Michael Longacre
MEMBERSHIP & MAILING - Bettina and John Benson
PHOTOS this month - Pamela Harwood, Michael Longacre, Elaine Peterson, Erika Shank, Lydia Wallis

Tool Tip

Large Tweezer for Tidying Potted Plants

Potted plants will often drop leaves, blooms, or have a minor crisis that makes some leaves less than attractive. Fingers can be, well, blunt instruments trying to retrieve or remove debris and unwanted leaves. Long tweezers will slip between stems, under desirable leaves, and make retrieving, or removing, debris and leaves much faster and easier, while sparing brittle plants like succulents from having their leaves snapped off or damaged. Eight to ten inch stainless tweezers are sold for craft use and easy to find for sale online. Depending on the size of your hands, bigger is better.

From: Michael Longacre
Winter Book Group continues

January 21st, 2023
(YES, 2023!!!)
at 11am on ZOOM

Wishing all of my favorite book worms a very happy and health new year!
This is going to be FANTASTIC, don’t miss it!

2. The Paper Garden: An Artist Begins Her Life's Work at 72 by Molly Peacock, presented by Alicia Whitaker
3. Cream Hill: Discoveries of a Weekend Countryman by Lewis Gannett, presented by Michael Longacre

Many thanks to Lori Barnaby and all the volunteers who contributed greens and their creativity to the HAH Holiday party! And thanks to Erika Shank for the photos!
HAH ROUNDTABLE PROGRAM  
IN PERSON AT THE HAH LIBRARY  
Saturday, January 7, 2023 at 10:30am – Noon  

CREATING WINTER INTEREST IN YOUR GARDEN  
Evergreens, Berries, and Colorful Blooms, Branches & Bark  

As I look out my window today, and as I will do throughout the East End’s winter months and into April, I’m so thankful to have an array of trees, shrubs, and perennials that sustains my enjoyment of the garden. Just think about it: 4-5 months is a long time, and with the right plants we can enjoy a lovely winter garden. And these specimens are not just pretty faces; they also provide food and shelter for our bird and insect friends.

First, we’ll kick off the session discussing several varieties of **HELLEBORES**. These workhorse perennials are deer-resistant, have evergreen foliage, and their magnificent and varied floral display can begin in early winter and last through April. We haven’t discussed this plant group in my memory, which means ages! Then we’ll move on to sharing a whole range of other winter standouts. That’s why I’m so thrilled that two of our incredibly knowledgeable members will participate.

**Lori Barnaby**, long-time HAH member and Principal of the design firm Lori Barnaby Group, will speak about **Hellebores, Camellias, Mahonia, Winterberry**, and other plants of interest.

**Erika Shank**, a founding member of the HAH and photographer extraordinaire, will share photos of the Hellebore varieties in her own garden.

We’ll also touch on other deer-resistant and evergreen shrubs and trees like Osmanthus (False Holly), Chamaecyparis (False Cypress), Boxwood, Pieris (Andromeda), and Skimmia japonica, as well as Arborvitae, Rhododendron, Azalea, Aucuba, Ilex (holly), Kalmia (Mountain Laurel), Nandina, Yew, and the native Juniperus virginiana (Eastern Red Cedar) as well as other plants that provide color with berries, bark, and branches. **Please bring cuttings of your favorite varieties if you would like to share.**

So please join us in person on Saturday, January 7, 2023 at 10:30am and, if you have experiences of your own to share, or any other gardening questions, we very much welcome your input. Guests are also welcome.

**Pamela Harwood, Moderator**  
**Photos by Pamela Harwood**
INTRODUCING OUR NEW 2023 HAH BOARD MEMBERS

Pat Matheson
I live in Sag Harbor with my husband and joined HAH over 20 years ago. I truly appreciate this wonderful group of people who are so kind, knowledgeable and willing to share! I enjoy the garden tours, trips & the lectures. This photo was taken on a trip to Fallingwater.

Valerie Hanley
I was fortunate to discover HAH about fifteen years or so ago when I attended the annual May garden party and plant sale with my late mother, Diana Pillsworth. We were both immediately smitten with this fabulous group of intelligent and personable plant and garden enthusiasts. Currently, I would say I am a two-season gardener (spring and summer) who is dreaming of finding the time, materials, knowledge, and skills that would allow me to garden year-round. Roses, peonies, dahlias, and hydrangeas fill most of my garden beds, but I am known to try growing just about anything that I can cut and arrange in a vase. From April through September, you can find me in my yard or at the family farm in Water Mill gardening, mowing, and dreaming up new designs for my raised beds or gardens.

Ruth Ann Stanley
I joined HAH when I moved full time to Westhampton at the beginning of the pandemic and have enjoyed the learning opportunities and meeting so many like minded friends. I’m a fashion designer and budding landscape designer. My interest is in creating pollinator gardens featuring native plants and shrubs. I can endlessly watch all the bees, bugs, butterflies and hummingbirds flying about in the garden! It’s been satisfying to provide a habitat for our endangered insects and birds.

Greg Wiseman
I have been an avid gardener since I was old enough to stick a seed in the ground. I helped plant, weed and harvest my family's half acre vegetable garden from a very young age and then was given 1/3 of the garden to sow with potatoes that I tended, harvested and sold to neighbors and friends so I could earn money. These days, I maintain and continue to add to the ornamental garden Jeffrey Glick and I started 20 years ago at our home in Southampton. I also continue to enjoy growing vegetables at a rented garden plot at Bridge Gardens. My favorite HAH event is the annual spring plant sale.
In the Shade of a Tree...a book review

The Busy Tree
Written by Jennifer Ward
Illustrated by Lisa Falkenstern

Next to the Rogers Memorial Library in Southampton sits a beautiful old house used for administrative offices, meetings and, on the lower level, a Book Shop. If you go there you will have entered a little slice of paradise. There are many books on a variety of topics in pristine condition and priced most gently.

It was in this place, in the children’s section, that I found this latest book. It is a sweet, charming book ideal for the younger child in your life. Large clear illustrations appear across each two page spread. They are accompanied by a two line rhyme.

The tree does the story telling describing its own roots, bark and leaves. A variety of animals that are either housed, or play or do their work in the tree are discussed including woodpeckers, owls, spiders, ants, chipmunks, squirrels and cocoons.

This is a delightful read along with amazingly beautiful illustrations which are rendered in oil paint.

Recommended for ages 3, 4, and 5 years old
Reviewed by Joan DiMonda

SOME HORTICULTURAL PROGRAMS IN THE NORTHEAST THIS JANUARY

Wednesday, January 11, 6:30 pm to 8:00 pm. Pollinators and Native Plant Cultivars (Online). $25. For more info and to register: https://mtcubacenter.org/event/pollinators-and-native-plant-cultivars-online/

Tuesday, January 17, 1:00 pm to 2:00 pm. David Maynes: Holistic Design Thinking (Online). $23 for NYBG members, $26 for non-members. For more info and to register: https://www.nybg.org/event/2022-23-landscape-design-students-alumni-series/holistic-design-thinking-david-maynes/

Wednesday, January 18, 6:00 pm to 7:00 pm. Wave Hill 2023 Horticultural Lecture Series: Far Reaches -- Exploration and Conservation Inform Garden Design (Online). $18 for Wave Hill members, $20 non-members. For more info and to register: https://www.wavehill.org/calendar/horticultural-lecture-series-far-reaches-exploration-and-conservation-inform-garden-design

Saturday, January 21, 11:00 am to 12:30 pm. Putting Plants to Work (Online). $25. For more info and to register: https://mtcubacenter.org/event/putting-plants-to-work-online/

Thursday, January 26, 11:00 am to 12:00 am. Kona Gray: A Quest to Save the Planet Through Design (In-person). NYBG, Ross Lecture Hall, 2900 Southern Boulevard, Bronx, NY 10458. $32 for NYBG members, $35 non-members. For more info and to register: https://www.nybg.org/event/23rd-annual-winter-lecture-series-fostering-environmental-empathy/kona-gray-a-quest-to-save-the-planet-through-design/

Monday, January 30 & Tuesday, January 31, Plant-O-Rama Symposium 2023. Monday at 6:00 pm: Dr. Thomas RaShad Easley, Ed.D., "Forest Rhythms; Hip Hop Environmentalism" on Zoom. Tuesday from 9:00 am to 4:00 pm: Trade Show, Jobs Fair, Breakout Speakers, in-person at Brooklyn Botanic Garden. $45. For more info and to register: https://www.metrohort.org/calendar/plant-o-rama
New Year Resolutions by some HAH members for their own gardens

Rick Bogusch I resolve to be less neat in the gardens, at least in certain areas and during certain times of the year.

Janet Ollinger To FINALLY move the tall perennial garden so we can enjoy the space that is hidden behind! Then I will feel better about having my HAH friends over!

Susanne Jansson Not plant root vegetables unless I construct raised beds. Voles and moles are the cause. In addition, I will plant Brassica plants in cold frames during the fall of 2023. I have recently learned that Long Island’s latitude is similar to France and several other European countries that raise brassica crops during the winter.

Ruth Ann Stanley My resolution is to add a drought tolerant garden along one side of my pool where the grass has been burning out when the days get hot and sunny. Every year I’d like to plan a new garden of some kind to reduce my lawn space. My other resolution is to start reading the garden books I bought last year before I start buying new ones :)

Greg Wiseman My resolution is to put LESS work into the garden by replacing pots of annuals with perennials so next year I don’t have the expense and work of replacing them.

Valerie Hanley My 2023 garden plans include adding a small greenhouse to allow me to garden and grow year-round and learning how to make my own soil by creating a composting corner.

Alicia Whitaker My resolution is to make a new bed for pollinator plants in an area with full sun, behind my deer fence. The majority of plants will come from plants I grow from seed.

Elaine Peterson I resolve to take the time saved by mowing and cutting back less and use it to update the maps, notes and lists of where, what and when everything was planted. And to continue to reduce the grassy areas and replace with more drought tolerant, native plants, as I do every year now.

Lots of fun was enjoyed by the participants in the holiday wreath making workshop led by Lydia Wallis. Happy New Year, everyone!
HAH Sunday Lecture Program 2023 - 2 pm

January 15 – Frances Palmer – *Life in the Studio*, presented on ZOOM, see front page
February 12 – Catie Marron – *Becoming A Gardener: What Reading and Digging Taught Me About Living*
March 12 – Sara Cedar Miller - *Before Central Park*
April 16 – Fred Landman – *Sleepy Cat Farm: A Gardener’s Journey*
May 7 – James Golden – *The View from Federal Twist: A New Way of Thinking About Gardens, Nature and Ourselves*

*June 11 – Karl Gercens – 365 Days of Flowers*

*No lectures in July or August*

September 10 – Bridget Wosczyna – *Introduction to the Plants You Should be Growing: Hardy and Tropical Aroids for Northeast Gardens*
October 15 – Rebecca McMackin – *Brooklyn Bridge Park: Lessons in Constructed Ecology*
December 10 – Scott Chaskey – *Soil & Spirit, Cultivation and Kinship in the Web of Life*

Galanthus elwesii
‘Mrs. Macnamara’