On Sunday, November 14, 2021 at 2:00 pm please join us for a lecture via ZOOM by Holger Winenga

New Plants at LongHouse Reserve

Chief Horticulturalist at LongHouse Reserve, Holger Winenga was born in Leer, Germany where he was involved with horticulture at an early age. His summer vacations were spent working alongside his great uncle, Ernst Pagels, a nurseryman in Leer. After high school, Holger studied and completed an apprenticeship at Georg Arends Perennial Nursery in Wuppertal, Germany, and graduated with a bachelor’s degree. Georg Arends is recognized as the most successful hybridizer of perennials in the 20th century.

After being drafted, Holger became a conscientious objector and joined the OBW, a facility for the disabled in Werkstatten where he ran their perennial plant division and helped prepare adults and children with physical and mental challenges to enter the workforce.

In 1990, Holger moved to the US, and worked in landscape design, renovations and installations in New York and Virginia. His deep love and appreciation of the earth and plants motivated him to start his own landscape company, Garden Treasure Nursery in East Hampton. The nursery soon outgrew its surroundings and in 2003 moved to a 10-acre agricultural reserve in Sagaponack, growing over 200,000 gallon perennial pots per year. Collaborations with firms such as Oehme van Sweden followed with Garden Treasure Nursery supplying and installing much of their plant materials throughout the East Coast.

Holger’s other interests include classical music, culinary arts, and pre-Columbian art. His travels to Costa Rica and the study of ancient cultures has brought an appreciation of all his passions and reconnected him “with all living elements that surround us.”

Holger has been guiding the care and selection of plants at LongHouse for several years and leads tours of the plant life there for the public to learn from and enjoy. LongHouse Reserve encourages living with art in all its forms. Founded by Jack Lenor Larsen, its collections, gardens, sculpture and programs reflect world culture and teach the fostering of a creative life.
Dear Friends,

We at HAH are feeling a great deal of gratitude during this month of giving thanks:

- You gave us amazing support for our non-event fund raiser, more than equaling the yield from our Preview Party. We decided to send only two online and one paper solicitation, but your contributions kept arriving for several months.
- Lydia Wallis and Bettina Benson both had plant sales in their respective driveways, with all proceeds going to HAH. Lydia did three! Doing these well is a lot of work and beyond generous!
- From what we know today, we didn’t lose any members to Covid. Several members were sick but got through it without suffering long term issues. We’ve been extremely cautious and I think that caution was and is appreciated.
- We had a wonderful slate of monthly lectures, workshops, roundtables, book groups and other events on Zoom. Many of you let us know that you appreciated the uptick in programs, especially during our Covid winter. Pamela Harwood and Erik Brockmeyer arranged for us to see outstanding gardens, in person, safely.

Onward for more during the rest of 2021 and into 2022!

Alicia

HAH 2021

OFFICERS: (an officer serves for a 1 year term)
President Alicia Whitaker
First Vice President Erika Shank
Second Vice President Rick Bogusch
Recording Secretary Janet Donohoe Ollinger
Corresponding Secretary Joan DiMonda
Treasurer Bettina Benson

DIRECTORS: (a director serves for a 3 year term)
Erik Brockmeyer ’21
Elaine Peterson ’21
Sarah Alford ’22
Pamela Harwood ’22
Marie DiMonte ’23
Michael Longacre ’23

The Library Chairperson (who serves on the Board with a vote) is currently: Susan Kennedy Zeller
On occasion the board may appoint someone to fill an unexpired term if necessary.

NEWSLETTER EDITOR
Elaine Peterson
hahmember@optonline.net
Submissions must be received by the 10th of the month prior to publication. Please include NL in the subject line.

MAILING
John Benson

PHOTOS this month
Pamela Harwood, Janis Murphy, Elaine Peterson

Proposed HAH 2022 Officers and Board of Directors

The following slate of officers for 2022 and two directors (who will serve through 2024) will be presented for the membership’s vote at the annual meeting on December 12, 2021, at 2:00 pm via ZOOM.

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Pamela Harwood ’22
Marie DiMonte ’23
Michael Longacre ’23
Janis Murphy ’24
Janet Donohoe Ollinger ’24

The Library Chairperson (who serves on the Board with a vote) is currently: Susan Kennedy Zeller
On occasion the board may appoint someone to fill an unexpired term if necessary.
Join us on ZOOM on Tuesday, November 9th at 10am
Tour the Isabella Stewart Gardner Museum
Boston, Massachusetts
ZOOM link will be emailed prior to the lecture. No need to pre-register

Collecting Stories: Discover more of the Gardner Museum's magic through a private interactive virtual visit! During your 60 minute visit, knowledgeable Museum Teachers will engage you through live conversation, while also sharing insight and stories about the Museum's history, collections, and installations. Learn how Isabella created her remarkable collection, and hear stories about the lengths she would go to purchase her objects of desire. Like an in-person tour at the Gardner Museum, spending more time investigating each artwork and its installation in the galleries gives us the opportunity for close looking and deeper understanding. This tour of the Museum artwork will be led by Meg Kaster, Museum Teacher.

Gardner chose to site her Museum on the edge of the newly built Back Bay Fens, a part of Frederick Law Olmsted’s Emerald Necklace, because she saw the potential for this new landscape to enable, inform, and enhance the city of Boston. www.Gardnermuseum.org.

Wreath Making Workshop
Led by Sarah Alford
Sunday December 5th at 2pm

Join this zoom to make a wreath from your own greens and a short list of supplies.

In advance of the workshop, gather the materials on the supply list. During the workshop, follow the instructions as we all create wreaths and bows to add holiday cheer to our homes.

Supplies:
- Wreath frame
- Assorted greens
- Pruning shears
- Florist wire
- Ribbon
- Festive flourishes
Feel free to get creative!
This is a wonderful way to enjoy the evergreens and seed pods in your gardens.

Membership Renewals Mailed
As a calendar year organization, we mail renewal forms in late October for the year 2022. Included in this mailing you will find a comprehensive listing of the HAH Benefits of Membership. We are always updating this form, therefore, be sure to review carefully.

Look for your renewal form and mail back early to continue receiving our monthly Newsletter and to be advised of upcoming events. You can also provide us with your email address so that you will be sure to receive timely reminders of the dates/times of lectures, workshops, roundtables, and special events. We will also need your email so that we can forward timely ZOOM links for virtual programs utilizing Constant Contact. Please be assured that we never share, or sell, our mailing list with other organizations.

Questions regarding Membership can be directed to Bettina Benson at HAHMember@optonline.net
November is among the busiest and most important months of the year for garden work. But there is often a great deal of uncertainty about what to do now and what should wait until spring, and that’s why this is such an important discussion for our Roundtable. We’ll cover the following topics and even share a video or two:

- **Pruning**: we’ll describe the various tasks that fall under this umbrella term, what to do now, and what should or might wait until spring
- **Dividing and Transplanting**
- Which plants should I leave for **winter interest**?
- **Tender perennials**: how to save your Dahlias, Gladioli, Colocasia, Cannas, Calla Lilies, Caladiums, etc
- **Fallen leaves**: how to put them to work in your garden instead of throwing them away
- **Composting**: the ultimate garden recycler and what to add or not add this fall
- **Collecting and saving seeds**: a how-to primer
- **Protecting Evergreens**
- **Winterizing garden hoses, irrigation, birdbaths, planters, furniture, and ornamental features**
- **Fertilizing and mulching**
**Solidago spp - Goldenrod**

Janis L. Murphy

“A favorite nectaring flower for migrating Monarch butterflies” Mike Bottini*

Goldenrod plants bloom from late summer into fall. They prefer sunny locations, tolerate a variety of soils, need average moisture and tolerate drought. There are about 150 species of goldenrod, most of them native to North America.

During an HAH Round Table discussion in early October, Brian Smith of LINPI** extolled the virtues of the oft-maligned goldenrod: “Scientists have been telling us to plant milkweed for Monarch butterflies, now they are reversing course and saying *plant goldenrod!* This is a powerhouse plant for migration purposes. These butterflies need the extra protein that goldenrods provide. We have to get over our fear that these plants make us sneeze. The pollen on goldenrod is very thick and tacky and too heavy to be borne on the wind. It has to be pollinated by insects. It's ragweed (Ambrosia spp) that makes us sneeze. So please tell your friends and neighbors because we have to get goldenrod to be more acceptable.”

Brian talked about his favorite goldenrod: *Solidago speciosa*, showy goldenrod, a plant which is not overly aggressive. He also likes *Solidago odora*, sweet goldenrod and *Solidago bicolor*, white goldenrod or silverrod. He recommended staying away from *Solidago canadensis*, tall goldenrod (pictured above and running rampant in my “best” flower border) and *Solidago nemoralis*, gray goldenrod. *Solidago canadensis* spreads by creeping rhizomes that cause the plants to cluster and take over a whole garden.

Goldenrods are the top-ranked herbaceous plants for biodiversity and provide important late-season nectar and pollen for our declining pollinators.

Please plant goldenrods in your gardens!

* Mike Bottini, Southampton Press, October 7, 2021
** LINPI - Long Island Native Plant Initiative

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**COMING ATTRACTION: BOOK GROUP IS BACK!**

Book Group will meet the third Saturday of the month at 11am via Zoom
December 18th   January 15th   February 19th   March 19th
Review a book or grab a tea and hang out with some of your favorite bibliophile plant people!
Reach out to Janet Ollinger at janetOllinger@yahoo.com if you would like to review a favorite book.
Viburnum prunifolium  Blackhaw viburnum

This easily grown native can be found from Connecticut to Florida and west to Texas, in the understory of moist woods, along streams and in thickets. A large shrub or multi-stemmed small tree, blackhaw typically grows 12-15 feet tall and wide, but can often grow much larger.

Blackhaws bloom in spring and have creamy white flowers arranged in flat clusters almost 5 inches in diameter. The flowers are an important food source for azure butterflies. In September, they become dark blue, berry-like fruits which persist into winter and are relished by birds and small mammals. They can also be gathered by humans and turned into tasty jams and jellies.

Blackhaw leaves are fine-toothed ovals, up to 4 inches long. In summer, they are dark green and glossy on top, pale green beneath, turning brilliant shades of red, orange and purple in autumn. Blackhaws have a coarse, but striking winter silhouette, resembling hawthorns, with rounded form and stiff branching habit.

Easy to transplant and with no serious pests or diseases, blackhaws can be used as an informal hedge, along woodland edges and at the rear of shrub borders. When well-grown, they make handsome specimen trees.

Rick Bogusch, Director, Bridge Gardens

Dahlia Tips from Robert Bubka

We were lucky enough to have a workshop with a local flower farmer who grows over 500 dahlia plants each season. Robert Bubka is carrying on the legacy of his grandfather, who began the dahlia business in the family’s Scuttlehole Road location in 1950. Robert has offspring of many of his grandfather’s tubers.

Here are some of Robert’s practices and recommendations for home dahlia growers:

• Get tubers into the ground in May. What you plant directly in the ground will catch up with or surpass plants you may start in pots.
• Amend planting holes with a mix of compost, cow or chicken manure, and perlite. Mix it well together, cover it with normal soil and then plant the tubers so that they’re four inches below the top of the soil. No need to water at this time unless the soil is unusually dry.
• Fertilize newly planted tubers with 10-10-10 spread on top of the soil. As the foliage emerges and the season progresses, use 5-10-5. You can also use a foliar feed, spraying the leaves with fish emulsion / seaweed fertilizer every two weeks or so.
• Start watering when growth emerges above the ground. Once the growth is strong, the dahlias need a minimum of 2” of water a week to thrive. Better to water deeply twice a week then to sprinkle for 15 minutes a day.
• Staking is critical unless you have a strong upright grower. Start staking when your plants are about a foot tall. Keep tying plants to the stake as they grow.
• Robert also hills up the soil around the base of the plants, using a cultivator tool. This helps the base of the plant to be strongly anchored in the soil and also helps to retain moisture.
• Once flowering starts, be sure to pick and to deadhead. The more you pick, the better.
• Don’t dig up the tubers until we’ve had a hard frost that leaves the dahlia foliage black. You want the plant to get the signal that it’s time to rest. Remove the tubers, knock off the soil (you can use water to clean them), and let them dry a bit. Robert packs them in bushel baskets and stores them in his dry basement.
• Store them for the winter at a temperature that ranges between 40 and 60 degrees. They will rot if they freeze, so keep that in mind as you find a storage site. The ideal is a potato barn or a slightly heated garage.

You can find Robert’s farm stand where he also sells a variety of cut flowers and bouquets at 165 Scuttlehole Road in Bridgehampton. Depending on how his tubers over winter, he may have tubers for sale in May.
Alicia Whitaker

Many of us have planted trees this year, and there’s an issue that goes beyond having deer eat the foliage. Many male deer use the trunks of trees to scrape off the velvet covering on their antlers, as the velvet covering is itchy. In addition, many want to mark their territory using their antlers. What’s ideal for them are relatively young, small tree trunks, but what’s problematic for the trees is that they often scrape off the cambium layer, the layer between the inner bark and the outer wood that helps nutrients move throughout the tree. This damage creates a disastrous situation for the trees, as deer often encircle the trunk with these scrapings, leading to death for the tree.

Several years ago, when I first planted little leaf lindens in my front yard, I was puzzled to see that the bark color had changed from gray-brown to a bright cinnamon color. I hadn’t been aware of this issue and was shocked to see that my new trees were damaged. I was lucky to get a nearby nursery to give me some of the white plastic tree guards used in the growing fields for trees, usually discarded when the trees were readied for sale. They immediately protected the trunks from more damage. I was later able to switch that out for a wire covering that achieved the same result – stopping the deer from scraping antlers on the tree trunk – but allowed air to reach the trunk. The scraped areas healed over and the trees survived and are growing well.

There are a few solutions for this problem. You can encircle the trunk of your tree with wire mesh, covering as much of the trunk as possible. You can find ready-made coverings in garden centers or online. Or you can use twine to fashion your own barrier, as seen in the photo. Or make a “cage” for a young tree using wire fencing and stakes to hold it in place. There needs to be a mechanical barrier – spraying with deer spray isn’t enough. At a certain point, the trunk’s girth grows enough that it’s not attractive for scraping by the deer and you can eliminate the protection. You may not need to do this if you don’t live in a deer zone, or have your new trees in an area protected by a deer fence.

In the Shade of a Tree…a book review
FORESTS - DISCOVER THE FACTS. BE INSPIRED. MAKE A DIFFERENCE.
by Jenn French

STOPPING BY WOODS ON A SNOWY EVENING by Robert Frost is one of my favorite poems. Mr. Frost’s woods are lovely, dark and deep. The woods of my childhood were exciting, somewhat scary, and ideal for exploring. The woods of my adult life tend to be for meandering and meditating, full of beauty and awe. That “awe” has been enhanced by my introduction to Jess French. She is a British TV personality, veterinarian and author. She has risen to prominence as an author of conservation books for children.

Forests, her debut picture book in 2020, is part of a series, Let’s Save Our Planet. Colorful, cartoonish and full of information set apart in geometric shapes best describe its layout. She begins with a statement why forests matter and then proceeds to five chapters that include: Earth’s Forests, The Cause of Deforestation, The Effects of Deforestation, The Solution to Deforestation and What You Can Do. Each chapter revolves around a question or a stated problem. As information unfolds, new questions are raised. It is a masterful combination of questions, facts and solutions.

Ms. French writes believing that our planet is precious and it is up to us to take care of it. You may feel small, she writes, but your small actions can make a big difference. She continues, that by acting with kindness toward other people, plants, animals and yourself you can help to protect the planet. If you are looking for a gift for an upper elementary pupil or a middle schooler this is the perfect book. A youngster cannot help but be inspired by her writings.

Recommended grades: 4th-9th grade Reviewed by Joan DiMonda
## HAH Sunday Lecture Program 2022 - Sundays at 2 pm

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## More Horticultural Programs in November 2021

- **Garden Conservancy Virtual Talks**, $5 for Garden Conservancy members, $15 for non-members.
  - Thursday, November 4, 2 pm. *Flower Flash with Lewis Miller*. For more info and to register: [https://www.gardenconservancy.org/education/education-events/virtual-talk-lewis-miller](https://www.gardenconservancy.org/education/education-events/virtual-talk-lewis-miller)
  - Thursday, November 18, 2 pm. *Sleepy Cat Farm, A Gardener’s Journey, with Fred Landman and Curtice Taylor*. For more info and to register: [https://www.gardenconservancy.org/education/education-events/virtual-sleepy-cat-farm-11-18-21](https://www.gardenconservancy.org/education/education-events/virtual-sleepy-cat-farm-11-18-21)
  - Tuesday, November 2, 11:00 am. *Doug Tallamy: The Nature of Oaks*. For more info and to register: [https://www.nybg.org/event/the-nature-of-oaks/](https://www.nybg.org/event/the-nature-of-oaks/)
  - Friday, November 5, 9:00 am. *UConn Native Plants and Pollinators Conference*. $35. Presenters include Rebecca McMackin, Mark Dwyer, Andy Brand and Daniel Potter. For more info and to register: [https://news.extension.uconn.edu/2021/09/17/uconn-native-plants-and-pollinators-conference-2/](https://news.extension.uconn.edu/2021/09/17/uconn-native-plants-and-pollinators-conference-2/)